

## The Duke of Edinburgh's Award at Amity International School

Proud to deliver

# THE DUKE OF EDINBURGH'S INTERNATIONAL AWARD



Amity International School is delighted to announce our participation in the Duke of Edinburgh's International Award programme. This initiative represents an exceptional opportunity for young people to engage in personal development while enhancing skills that are vital for their future. The Award encourages students to explore their capabilities, build self-confidence, and foster a sense of community well-being.

The Duke of Edinburgh's Award has been an illustrious initiative for decades, inspiring young individuals to step outside their comfort zones and experience diverse life lessons. At Amity International School, we aim to empower our students by facilitating their journey in achieving the Award, guiding them in discovering their unique purpose, passion, and place in the world.

The structure of the Award consists of four distinct sections, each designed to provide a comprehensive programme of personal development and challenge. Firstly, the Voluntary Service segment instils a sense of social responsibility in our participants. Through practical service activities, students contribute positively to their communities while gaining empathy and understanding of societal needs. This commitment to altruism cultivates not only a sense of belonging but also a recognition of the importance of giving back.

Secondly, the Skills section encourages participants to delve into personal interests, creativity, or practical abilities. Whether learning a musical instrument, honing cooking techniques, or developing technological skills, this component nurtures talents that can lead to lifelong passions or professional pathways. By embracing these new challenges, students cultivate a growth mindset, essential for their enduring success.

The third component, Physical Recreation, emphasises the significance of health and fitness. By engaging in various physical activities, students improve their overall well-being while discovering the joy of maintaining an active lifestyle. Activities may include team sports, martial arts, or individual pursuits such as running or cycling.

This engagement not only promotes better physical health but also fosters self-discipline and resilience.

The Adventurous Journey component encourages students to cultivate a spirit of exploration and adventure. Participants are tasked with planning and undertaking a group journey, encompassing activities like hiking or camping, which enhances their teamwork and leadership skills. This practical experience imbues participants with independence and resourcefulness, equipping them with valuable survival skills.

The time requirements for participation are structured according to the desired level of the Award.

- The Bronze Level is aimed at students aged 14 and over, requiring a minimum of six months of activity.
- The Silver Level caters to those aged 15 and above, necessitating twelve months of participation, or six months for Bronze Award holders.
- The Gold Level, available for participants aged 16 and over, mandates a minimum of eighteen months of engagement.

The impact of participating in the Duke of Edinburgh's Award at Amity International School is immeasurable. Students will not only gain tangible skills but will also cultivate vital life competencies such as resilience, creativity, problem-solving, decision-making, and effective communication. These attributes are indispensable in today's dynamic world, empowering students to navigate academic and professional challenges.

At Amity International School, we are committed to offering comprehensive support as students embark on their journey towards achieving the Duke of Edinburgh's International Award. Our programme aligns seamlessly with our educational philosophy of cultivating well-rounded, proactive global citizens. We encourage students and parents to take advantage of this remarkable opportunity, fostering confidence and capability amongst our young learners, preparing them to contribute positively to society.

For further information, please contact our Award Coordinator, Ms Simone Scott, via email at [sscott@amityabudhabi.ae](mailto:sscott@amityabudhabi.ae).